

SUPPORTING STUDENTS' SELF-CONFIDENCE IN SPEAKING THROUGH SNOWBALL THROWING TECHNIQUE

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Abstract

Speaking is an important aspect that should be mastered by students. Self-confidence is one of aspect that influence the students' ability in speaking. In fact, many students are not confidence to speak in front of people. Snowball Throwing Technique gives an opportunity to help teacher in learnig process and support students self-confidence. By using Snowball Throwing Technique, teacher and students are helped especially in speaking section. The aim of the study is to know the implementation Snowball Throwing Technique and to describe the extend of Snowball Throwing Technique to support students' self-confidence in speaking Type of this research is qualitative research in the form of case study. Interview, observation and documentation support the research to get the valid data. The findings in this research describe that the implementation of Snowball Throwing Technique was good and gave positive result. The Snowball Throwing Technique was success in making the students to be more confident in speaking activity and the students were enthusiast and active.

Keywords : Snowball Throwing, Snowball Throwing Technique, Cooperative learning, Speaking, Speaking ability, Self-confidence, Confident

INTRODUCTION

Most of students thought that speaking was difficult, especially speak in English. It was influenced by their self-confidence. When the students' self-confidence were less, they would be shy to speak. Whereas, speaking is one of important aspect that should be mastered by students. The mastery of speaking skills in English is a priority for many second or foreign language learners. Speaking is the process of building and sharing meaning thought in verbal and symbol of varieties in context. As a result, speaking is crucial part of second language teaching and learning (Richards, 2008).

Tarigan (1981:15) argues that speaking skill is the ability to utter articulate sounds or words to express, and convey thoughts, ideas and feelings. According to Brown (2001), self-confidence is the students' belief in their ability that is fully capable of accomplishing a task. Self-efficacy and self-esteem are two main things that contribute to self-confidence.

One of the reason the less of the students' ability in speaking is self-confidence. A technique may support students' self-confidence in speaking. Snowball Throwing Technique is not a new technique but sometimes it is not used by the teachers. Snowball Throwing Technique is method of learning that begins with the formation of the group represented by the chairman of the group to get the task of the teacher then each students make a ball shaped like a question (question paper) ago thrown to the other student, each student answered questions from the ball obtained (Anitah, 2009).

Susanty (2016) reported that that the research is which using the Snowball Throwing Technique resulted significant improvement in the speaking performance of the EG students when asking for and giving opinions and suggestions. Among the

various aspects of speaking (vocabulary/ grammar, comprehension, pronunciation, and fluency), the aspect of fluency had the highest improvement. This is based on the comparison of the differences in results between the pre-tests and the post-tests.

There are some previous studies related to the topic about Snowball Throwing Technique. Mei (2016) found that during the process of teaching and learning applying Snowball Throwing Technique, the students are confident to speak. Based on the result of the speaking test. The students' score after being taught by using Snowball Throwing Technique is higher than before being taught by using Snowball Throwing Technique.

Though some previous studies about Snowball Throwing Technique have been done by some researchers, there is not yet a research about the students' self-confidence in speaking skill. To guide the exploration, we posed the following questions: (1) How is the implementation of Snowball Throwing Technique. (2) To what extend does Snowball Throwing Technique support students' self-confidence.

The benefits of this research were: (1) To know the implementation Snowball Throwing Technique to support students' self-confidence in speaking. (2) To describe the extend of Snowball Throwing Technique support students' self-confidence in speaking.

METHOD

This study uses data from the event, informant an documents related to the research. The event in this research was the teaching and learning in class, the informants are the English teacher and some students, and the documents are lesson plans, photograph, and other related to the document. In this research, participants of the research was Astrulaby class. Astrulaby class consisted of 13 female students and the

writer would observe all of the students in Astrulaby class.

FINDINGS AND DISCUSSION

In the research, the writer used interview, observation and some documents related to the research such as lessons plan and photograph.

The first focus was the implementation of Snowball Throwing Technique. In the beginning of the research, the teacher explained about the material clearly. In this meeting, the students were looked enjoying the class than in the first meeting. It could be said that all of the students paid attention to the teacher when the teacher explained the material which would be used to practice the Snowball Throwing Technique. The students looked seriously to the teacher's explanation. Then, the teacher asked the students to make a group. This group would practiced the Snowball Throwing Technique. There were 4 (four) groups in this class. In Astrulaby class there were 13 students. So, each group was contain of 3-4 students of Astrulaby class. Then, the teacher asked the group to choose their leader. The teacher called the leader of each group to be explained how the Snowball Throwing Technique would be implemented. The positive results was felt by the teacher and the students. For the teacher, the teacher was helped with this technique because the students became more enjoy the English class and could improve the students enthusiast in English, especially speaking. For the students, their self-confidence improved because they felt that the English class was not bored.

The second focus was the students' self-confidence in speaking. The writer used three kinds of techniques; observation, questionnaire, and interview to find out the data about of students self-confident in speaking. From the observation, the students were pleased with the activity using the

Snowball Throwing Technique. Although the activity was done at the last of the lesson, the students kept the spirit and concentrated in following the activities step by step. the interview, students felt that learning English especially speaking was not always a boring activity. Before being taught by using Snowball Throwing Technique, sometimes students felt so bored. It is proved by the use of Snowball Throwing Technique which made the class became cheerful and give new atmosphere for the class. It could be concluded that the Snowball Throwing Technique was success in making the students to be more confident in speaking activity, eventhough in the process there is little difficulty. Snowball Throwing Technique helped the teacher and the students in the teaching-learning program.

From the finding, it was known that the teaching speaking by using Snowball Throwing Technique gave significant effect on the students' speaking ability. It could be seen that students' self-confident is higher after the use of Snowball Throwing Technique than before the use of Snowball Throwing Technique. Based on the interview with some students, the use of Snowball Throwing Technique made the students feel fun and enthusiast in learning English and make the students more confident, enjoy, and interested to speak English.

According to Nurlisma (2015:10), Snowball Throwing Technique gives opportunities for students to develop skills conclude contents news or information they obtain in real contexts and situations complex. The teachers also provide experience to students through learning integrated with the use of interrelated processes in the situation and context both natural social communication, and even the social environment. In her research, the

students are motivated after being taught by using Snowball Throwing Technique.

It could be stated that Snowball Throwing Technique has positive effect at Astrulaby class. This statement was in line with Susanty (2016). In her research, it was reported that Snowball Throwing Technique results significant improvement in the speaking performance of the EG students when asking for and giving opinions and suggestions. Among the various aspects of speaking (vocabulary/grammar, fluency, comprehension, pronunciation), the aspect of fluency had good enough improvement.

Self-confidence was an important aspect that should be had by the students. It was not only for their life during in school, but also for their future. Without self-confidence, the students would be difficult to speak in front of many people. It is in line with Benabou and Tirole (2001:5), self-confidence is widely regarded as a valuable individual asset. It was similar to this research that the writer implement the Snowball Throwing Technique in speaking activity so that the students can improve their self-confidence

. The students did not do the unconfidence responses in the second, third and fourth meeting because the students' started to belief their ability. According to Brown (2001:62) states that self-confidence is the students' belief in their ability that is fully capable of accomplishing a task. Self-efficacy and self-esteem are two main things that contribute to self-confidence.

CONCLUSION

Based on the research findings, it can be seen that the implementation of Snowball Throwing Technique at Astrulaby class of SMP AT-TAJDID CEPU academic year 2017/2018 can be said success to support students' self-confidence in speaking. In the first meeting, the students who had less of confidence showed some different

unconfidence responses. Those were not directly answer the question, rolling their eyes, bowed their head, and shy to come forward. But in the second, third and fourth, the students who did unconfidence responses were decrease. It meant that the students' self-confidence were supported after taught by using Snowball Throwing Technique.

There are positive improvement between the students' speaking self-confidence before being taught by using Snowball Throwing Technique and the students' speaking self-confidence after being taught by using Snowball Throwing Technique. So, it can be concluded that the implementation of Snowball Throwing Technique is effective technique to teach speaking. It can be used as an alternative technique to stimulate students' practices in speaking.

The students must know the importance of speaking skill. The students should improve their English achievement, especially in mastering speaking skill.

The English teachers should be more creative in finding suitable technique or method that are suitable for the students

This research can be part of the next research reference to conduct a research that is related to use Snowball Throwing Technique in teaching speaking more detail.

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